

**SOUTHERN INTERCOLLEGIATE ROWING ASSOCIATION (SIRA)**  
**APRIL 15, 2023 – APRIL 16, 2023**

**SIRA REGATTA PRACTICE & TIME TRIAL TRAFFIC PATTERNS ACKNOWLEDGEMENT**

I hereby certify that I have reviewed the traffic patterns for each segment of the SIRA Regatta with all coxswains and small boats, that each crew understands the importance of strictly following the traffic patterns, and that serious repercussions for any offending crew and the entire program can result from not following the regulations precisely.

I also certify that I have reviewed with all crews the importance of sportsmanship and fair play during the time trials, particularly the need to yield when an overtaking crew is within three lengths. Each crew understands that violations can result in the exclusion of the offending crew or crews, or exclusion of the offending crew's entire program if circumstances warrant.

No crews will be permitted to launch without the appropriate wristband for the cox or bow person. These will be available upon registration once the designated coach has reviewed and signed this document.

Please note that a coach is required to sign this document, not a student officer. This is a safety issue which club sports departments will need to make an exception for despite officers' responsibilities taking precedence in other matters. Programs with no coach should contact the SIRA Board at [info@siraregatta.com](mailto:info@siraregatta.com).

Name (printed): \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

College or University: \_\_\_\_\_ Men / Women / All (circle one)

